

Faircrest Memorial Middle School
8th Grade Health Rules and Expectations
Teachers: Mrs. Schering
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***Optimal Health:** the conscious pursuit of the highest qualities of the physical, environmental, mental, emotional, spiritual, and social aspects of the human experience.*

Health Definition:

A state of complete physical, social and mental well-being, and not merely the absence of disease or infirmity.

RULES

- | | |
|---------------------------|---|
| 1. Follow Directions | 5. Come To Class On Time |
| 2. Be On Task | 6. Use Appropriate Language |
| 3. Come To Class Prepared | 7. Complete Assignments On Time |
| 4. Be Respectful | 8. "ALWAYS STAY HUMBLE AND KIND" |
- TIM MCGRAW**

Discipline will result when a rule is broken.

Topics To Be Covered

Teambuilding, Drug Abuse, Decision-Making, Media, Anxiety, Social Skills, Assertiveness, Resolving Conflicts, Peer Pressure, Female Reproductive System, Male Reproductive System, Puberty, Abstinence and Relationships.

Important Speakers:

PAWSITIVE Prevention
Steven w/ Quest Recovery & Prevention Services
SOLD OUT Program with Pregnancy Choices

Topics discussed in class can be very difficult and uncomfortable for some students to discuss. Rules will be enforced and discipline will be given for the breaking of those rules.

Please sign and return the bottom of this page to earn 20 points.

We, both parent and student understand the rules and expectations of Mrs. Schering's Health Class.

Parent/Guardian signature/Date

Student's Signature/Date